

QUOTES FROM THE SAINTS

“Every Holy Mass, heard with devotion, produces in our souls marvelous effects, abundant spiritual and material graces which we, ourselves, do not know. It would be easier for the world to survive without the sun than to do so without the Holy Mass.”

--St. Padre Pio

“There is nothing so great as the Eucharist. If God had something more precious, He would have given it to us.”

--St. John Vianney

“The Mass is the most perfect form of prayer.”

--St. John Vianney

“The Eucharist is the source and summit of the Christian life.”

--St. John Paul II

"When the Mass is being celebrated, the sanctuary is filled with countless angels, who adore the Divine Victim immolated on the altar."

--St. John Chrysostom

“A single Mass offered for oneself during life may be worth more than a thousand celebrated for the same intention after death. ”

--St. Anselm

“He who devoutly hears holy Mass will receive a great vigor to enable him to resist mortal sin, and there shall be pardoned to him all venial sins which he may have committed up to that hour. ”

--St. Augustine

“I have had a great vision on the mystery of Holy Mass and I have seen that whatever good has existed since creation is owing to it. ”

--Blessed Anne Catherine Emmerich

“Know, O Christian, that the Mass is the holiest act of religion. You cannot do anything to glorify God more, nor profit your soul more, than by devoutly assisting at it, and assisting as often as possible.”

-- St. Peter Julian Eymard

WHY IS THE MASS SO IMPORTANT?

The Mass lifts us up to Heaven

Hebrews 12:22-24: “But you have drawn near to Mount Zion, and to the City of the Living God, to the Heavenly Jerusalem, and to the company of many thousands of heavenly angels, and to the Church of the first-born, those who have been inscribed in the heavens, and to God, the judge of all, and to the spirits of the just made perfect, and to Jesus, the mediator of the New Testament, and to a sprinkling of blood, which speaks better than the blood of Abel.”

It was foretold by the Prophet Malachi

Malachi 1:11: For from the rising of the sun even to its setting, my name is great among the gentiles, and in every place, a clean oblation is being sacrificed and offered to my name. For my name is great among the Gentiles, says the Lord of Hosts.”

Jesus predicted an hour of worship in spirit and truth

John 4:23-24: But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth, for such the Father seeks to worship him. God is spirit, and those who worship him must worship in spirit and truth.”

Jesus celebrated the Mass at the Last Supper

Luke 22:19-20:19-20:And he took bread, and when he had given thanks he broke it and gave it to them, saying, “This is my body which is given for you. Do this in remembrance of me.” And likewise the cup after supper, saying, “This cup which is poured out for you is the new covenant in my blood.

Jesus celebrated the Mass at Emmaus

Luke 24:30-31: When he was at table with them, he took the bread and blessed, and broke it, and gave it to them. And their eyes were opened and they recognized him; and he vanished out of their sight.

St. Paul confirms what the Mass really is

1 Corinthians 10:15-17: The cup of blessing which we bless, is it not a participation in the blood of Christ? The bread which we break, is it not a participation in the body of Christ?

The Tremendous Value of the Holy Mass by Saint Leonard

At the hour of death, the Holy Masses you have heard devoutly will be your greatest consolation.

God forgives you all the venial sins which you are determined to avoid. He forgives you all your unknown sins which you never confessed. The power of Satan over you is diminished.

Every Mass will go with you to Judgment and will plead for pardon for you.

By every Mass, you can diminish the temporal punishment due to your sins, more or less, according to your fervor.

By devoutly assisting at Holy Mass, you render the greatest homage possible to the Sacred Humanity of Our Lord.

Through the Holy Sacrifice, Our Lord Jesus Christ supplies for many of your negligence's and omissions.

By piously hearing Holy Mass, you afford the Souls in Purgatory the greatest possible relief. One Holy Mass heard during your life will be of more benefit to you than many heard for you after your death.

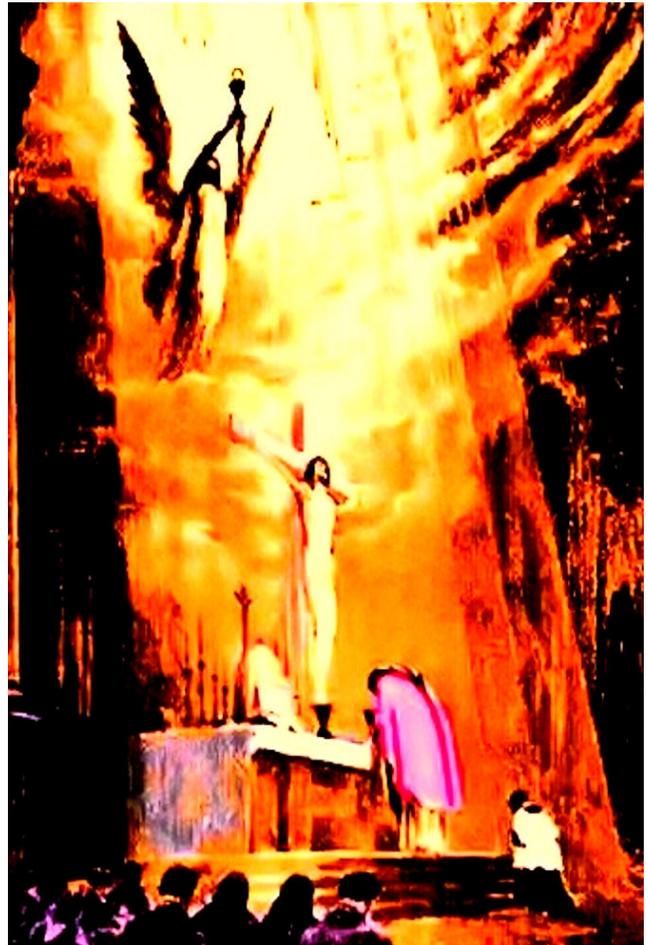
Through Holy Mass, you are preserved from many dangers and misfortunes which would otherwise have befallen you.

You shorten your Purgatory by every Mass.

During the Holy Mass, you kneel amid a multitude of holy Angels, who are present at the Adorable Sacrifice with reverential awe. Through Holy Mass, you are blessed in your temporal goods and affairs.

When you hear Holy Mass devoutly, offering it to Almighty God in honor of any particular Saint or Angel, thanking God for the favors bestowed on him, etc., you afford that Saint or Angel a new degree of honor, joy and happiness, and draw his special love and protection on yourself.

Every time you assist at Holy Mass, besides your personal intentions, you should also offer it in honor of the Saint of the day.



It is a pious and praiseworthy custom for the faithful to have Masses offered for their particular intentions, and especially to release departed friends and loved ones from the pains of purgatory. The good news is that if we do this, then, after we die, God will see to it that others will have Masses said for us!

It is a laudable Catholic practice when requesting Mass for a special intention to make an offering both for the support of the priest who will celebrate the Mass and to provide for the needs of the altar as well as the materials required for the holy Sacrifice.

It is very sad that so many non-Catholic Christians consider the Mass to be an abomination. It is just the opposite. **It is the one-time sacrifice of Jesus on the Cross re-presented, through time and space, to each generation, in an unbloody fashion, just like Jesus did at the Last Supper.**